Michelle has a long history with CHRP starting in the mid-1990s when she was a teenager and member of the North Carolina Youth Tap Ensemble studying at CHRP's summer festival of American tap, Rhythm World. In 1998, she was featured in CHRP's PBS–ITVS–WTTW documentary, JUBA! Masters of Tap and Percussive Dance. In 2005, she began a three-year residency with Rhythm World to create a suite of dances for the Youth Tap Ensemble Conference program, which premiered at in the Eisenhower Theater of the Kennedy Center for the Performing Arts on December 7, 2012. In 2013, she received a Princess Grace Award with CHRP to choreograph the critically acclaimed Push Past Break for CHRP's ensemble BAM!, which premiered at the Auditorium Theatre of Roosevelt University during its inaugural Music + Movement Festival.

Chicago Human Rhythm Project
For 25 years, Chicago Human Rhythm Project (CHRP) has helped to foster the revival of American tap dance throughout North and South America, Australia, Europe and Asia. CHRP presents the oldest and largest annual festival of American tap and percussive dance in the world—Rhythm World—and has expanded through community outreach, ongoing education programs in public elementary and high schools, commissions of new work, innovative conferences for the field and a commitment to social reconciliation and local investment. CHRP led the development of Chicago's shared dance/arts space, the American Rhythm Center, which offers daily dance classes for teens and adults.

During the last 25 years, CHRP has educated and performed for millions of people; received an Emmy Award nomination, as well as national airings, for JUBA! Masters of Tap and Percussive Dance, which was co-produced with ITVS and WTTW/Channel 11; earned an NEA American Masterpieces grant administered by the Illinois Arts Council Agency; curated the first full-length tap concert in any of the Kennedy Center's three largest theaters for a sold-out audience of 1,100 in the Eisenhower Theater; provided hundreds of thousands of dollars in tap dance scholarships to deserving, talented teens; and, most recently, led a collaborative effort to establish a shared dance/arts space in the center of the Chicago Cultural Mile: the American Rhythm Center. CHRP's vision is to establish the first global center for American tap and percussive arts, which will create a complete ecosystem of education, performance, creation and community in a state-of-the-art facility uniting generations of diverse artists and the general public. For information, visit chicagotap.org.